

**PARK CITIES PSYCHIATRY**

Sandra Lotan, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Regina McFarland, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Employer: \_\_\_\_\_

Preferred Pharmacy Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

|                      | May I Contact you here? | Check ONE preferred method of contact. |
|----------------------|-------------------------|--|
| <b>Phone Number:</b> |                         |  |
| <b>Home:</b>         |                         |  |
| <b>Cell:</b>         |                         |  |
| <b>Work:</b>         |                         |  |
| <b>Email:</b>        |                         |  |

Education Level: \_\_\_\_\_ Religion: \_\_\_\_\_

Spouse: \_\_\_\_\_

Previous Marriage: \_\_\_\_\_ Ended by Divorce: \_\_\_\_\_ Death: \_\_\_\_\_

Children in Order of their Birth:

1) \_\_\_\_\_ DOB: \_\_\_\_\_

2) \_\_\_\_\_ DOB: \_\_\_\_\_

3) \_\_\_\_\_ DOB: \_\_\_\_\_

4) \_\_\_\_\_ DOB: \_\_\_\_\_

Names and Contact Information of Previous Therapists:

1) \_\_\_\_\_

2) \_\_\_\_\_

Identified Problem: \_\_\_\_\_



**PARK CITIES PSYCHIATRY**

Sandra Lotan, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Regina McFarland, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Referred by: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Major reason for seeking help at this time? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long have you had these problems, symptoms? \_\_\_\_\_

What have you already tried to resolve the problems, symptoms or issues? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had counseling in the past? { } Yes { } No

| Name of counselor: | Dates of counseling: | Reason for counseling: |
|--------------------|----------------------|------------------------|
|                    |                      |                        |
|                    |                      |                        |
|                    |                      |                        |

Have you ever been hospitalized for psychiatric reasons? { } Yes { } No

| Dates? | Where? | Reason for hospitalization? |
|--------|--------|-----------------------------|
|        |        |                             |
|        |        |                             |
|        |        |                             |

What do you think needs to change to resolve the problems, symptoms or issues? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you have any family members who have been hospitalized for psychiatric reasons? { } Yes { } No

| Who? | When? | Reason for hospitalization? |
|------|-------|-----------------------------|
|      |       |                             |
|      |       |                             |
|      |       |                             |



**PARK CITIES PSYCHIATRY**

Sandra Lotan, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Regina McFarland, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Are you currently under the care of a physician? { } Yes { } No

Name of physician: \_\_\_\_\_ Phone #: \_\_\_\_\_

Are you currently under the care of a psychiatrist? { } Yes { } No

Name of psychiatrist: \_\_\_\_\_ Phone #: \_\_\_\_\_

Are you currently taking any medications? { } Yes { } No

| Name of Medication: | Dosage: | Prescribed by: |
|---------------------|---------|----------------|
|                     |         |                |
|                     |         |                |
|                     |         |                |

Have you ever attempted suicide? { } Yes { } No

| Date: | Method: | Reason for attempt: |
|-------|---------|---------------------|
|       |         |                     |
|       |         |                     |
|       |         |                     |

Do you have any family members who have attempted suicide? { } Yes { } No

| Who: | When: | Reason for attempt: |
|------|-------|---------------------|
|      |       |                     |
|      |       |                     |
|      |       |                     |

Do you have any serious medical conditions? { } Yes { } No

Please list: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you use alcohol? { } Yes { } No

| What kind: | How often: | How much: | When: |
|------------|------------|-----------|-------|
|            |            |           |       |
|            |            |           |       |
|            |            |           |       |
|            |            |           |       |

Is it difficult for you to stop or control the amount? { } Yes { } No



## PARK CITIES PSYCHIATRY

Sandra Lotan, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Regina McFarland, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Do you use illegal substances? { } Yes { } No

(This is confidential information and will not be disclosed/reported to anyone.)

| What kind: | How often: | How much: | When: |
|------------|------------|-----------|-------|
|            |            |           |       |
|            |            |           |       |
|            |            |           |       |
|            |            |           |       |

Is it difficult for you to stop or control the amount? { } Yes { } No

Have you ever had a DUI? { } Yes { } No If yes, when? \_\_\_\_\_

Has your drinking or drug use caused problems in the family? { } Yes { } No

Has it caused problems in your job? { } Yes { } No

Have you or anyone in your family been in a treatment program for substance use or abuse? { } Yes { } No

| Who: | When: | Outcome: |
|------|-------|----------|
|      |       |          |
|      |       |          |
|      |       |          |

Do you use any of the following?

| Substance:      | How much: | How often: | When: | Age started: |
|-----------------|-----------|------------|-------|--------------|
| Caffeine        |           |            |       |              |
| Cigarettes      |           |            |       |              |
| Chewing tobacco |           |            |       |              |

Have you or anyone in your family had problems with criminal offenses/been in jail/prison? { } Yes { } No

| Who: | Why: | When: | Current status: |
|------|------|-------|-----------------|
|      |      |       |                 |
|      |      |       |                 |
|      |      |       |                 |

Current Marital Status: { } Single { } Married { } Partnered { } Divorced { } Widowed

| Name: | Length of long term relationship/ marriage: | Date: |
|-------|---|-------|
|       |   |       |
|       |   |       |
|       |   |       |



## PARK CITIES PSYCHIATRY

Sandra Lotan, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Regina McFarland, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

### FAMILY DATA:

| Name | Relationship   | City of residence | Check if living with you | Age | How do you get along? |
|------|----------------|-------------------|--------------------------|-----|-----------------------|
|      | spouse/partner |                   |                          |     |                       |
|      | child          |                   |                          |     |                       |
|      | child          |                   |                          |     |                       |
|      | child          |                   |                          |     |                       |
|      | mother         |                   |                          |     |                       |
|      | father         |                   |                          |     |                       |
|      | sibling        |                   |                          |     |                       |
|      | sibling        |                   |                          |     |                       |
|      | sibling        |                   |                          |     |                       |
|      |                |                   |                          |     |                       |
|      |                |                   |                          |     |                       |
|      |                |                   |                          |     |                       |

Check all that apply for present or past:

| Symptom:                    | Now | Past | Symptom:           | Now | Past |
|-----------------------------|-----|------|--------------------|-----|------|
| Headaches                   |     |      | Dizziness          |     |      |
| Stomach problems            |     |      | Sleep issues       |     |      |
| Memory problems             |     |      | Confusion          |     |      |
| Racing thoughts             |     |      | Paranoia           |     |      |
| Euphoria                    |     |      | Mood swings        |     |      |
| Excessive energy            |     |      | Unusual thoughts   |     |      |
| Weird feelings              |     |      | Suspicion          |     |      |
| Depression                  |     |      | Bingeing           |     |      |
| Weight loss                 |     |      | Weight gain        |     |      |
| Worthlessness               |     |      | Hopelessness       |     |      |
| Feeling helpless            |     |      | Low energy         |     |      |
| Crying a lot                |     |      | Irritable mood     |     |      |
| Worrying a lot              |     |      | Phobias            |     |      |
| Fears                       |     |      | Panic attacks      |     |      |
| Suicidal thoughts           |     |      | Homicidal thoughts |     |      |
| Gambling problems           |     |      | Legal problems     |     |      |
| Financial problems          |     |      | Poor concentration |     |      |
| Recurring unwanted thoughts |     |      | Can't enjoy life   |     |      |
| Anger problems              |     |      | Impulsive behavior |     |      |



**PARK CITIES PSYCHIATRY**

Sandra Lotan, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Regina McFarland, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Who is a part of your emotional support system?

| Name: | Relationship: |
|-------|---------------|
|       |               |
|       |               |
|       |               |
|       |               |
|       |               |
|       |               |

What are your weaknesses? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

What are your strengths? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Is there anything else I need to know about you? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**PARK CITIES PSYCHIATRY**

Sandra Lotan, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Regina McFarland, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

**FEE POLICY**

Payment for service is due at the completion of each visit. Cash, personal check, or credit card (Visa or Mastercard) is accepted.

We charge for missed appointments or appointments cancelled with less than 24 hours notice.

|  |           |
|--|-----------|
| Initial Session (90 minutes)                           | \$575     |
| Full Session (55 minutes)                              | \$300     |
| Half Session (25 minutes)                              | \$200     |
| School Visit   | \$325     |
| Prescriptions-Controlled Substance                     | \$25      |
| Prescriptions-Other                                    | no charge |
| School Letters for SAT, ACT, or special accommodations | \$250     |

---

Signature of Responsible Party

---

Date



## PARK CITIES PSYCHIATRY

Sandra Lotan, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

Regina McFarland, M.D.  
Board Certified Adult, Child &  
Adolescent Psychiatry

### OFFICE POLICY LETTER

- The receipt that we provide is designed to provide information required by insurance companies. You will be responsible for filing your claims with the insurance carrier.
- We do not disclose any information with your insurance without your knowledge.
- We do not share any patient information with 3rd parties, without your consent.
- In case of an emergency, call 911 or proceed to your nearest Emergency Room. If your child is in crisis and you call after hours, cell phone numbers are provided on our answering machine.

### HIPAA STATEMENT

All issues discussed in the course of treatment are strictly confidential with the following exceptions:

1. Consultation with other current healthcare providers if, pertinent to treatment.
2. Instances in which the patient maybe-an imminent threat to self or others, unable to care for his or her most basic needs, or in cases of suspected child abuse.
3. Consultation with a colleague.
4. Under certain circumstances when ordered by court.
5. Some treatment information such as name, diagnosis, date of service and charge provided to insurance companies to facilitate reimbursement. This is done at your discretion.

Should you request that specific information be released to other healthcare professionals, school staff or anyone else, you will be asked to sign a consent form for the release of this information.

Please sign below acknowledging that you have read and understand our office policies.

---

Parent or Guardian

Patient – if age 18 or older

